

MARRIAGE SURVIVAL GUIDE

SEX



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Sex is an important part of a healthy marriage. It is not possible to have a healthy marriage without understanding and using the principles found in the Bible. Together, we are going to examine four dimensions of sex.

- Sexual purpose
- Sexual purity
- Sexual protection
- Sexual pleasure

SEX: The Purpose

- **Procreation**

[Gen. 1:28](#), "And God blessed them; and God said to them, 'Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky, and over every living thing that moves on the earth.'"

- **Intimacy**

[Song 1:13](#), "My beloved is to me a pouch of myrrh which lies all night between my breasts."

[Song 2:3](#), "Like an apple tree among the trees of the forest, so is my beloved among the young men. In his shade I took great delight and sat down, and his fruit was sweet to my taste."

[Song 2:6](#), "Let his left hand be under my head and his right hand embrace me."

[Song 4:5](#), "Your two breasts are like two fawns, twins of a gazelle, which feed among the lilies."

- **Companionship**

[Song 3:1](#), "On my bed night after night I sought him whom my soul loves..."

- **Physical Pleasure**

[Song 1:2](#), "May he kiss me with the kisses of his mouth! For your love is better than wine."

SEX: Our Purity

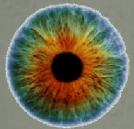
Source of Temptation

The heart is deceitful above all things, and desperately wicked: who can know it? **Jeremiah 17:9**

Scope of Temptation

Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death. **James 1:13 - 15**

Strategy of Temptation



For the lips of a strange woman drop as an honeycomb, and her mouth is smoother than oil: **Proverbs 5:3**



With her much fair speech she caused him to yield, with the flattering of her lips she forced him. **Proverbs 7:21**

SEX: Our Protection

Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband

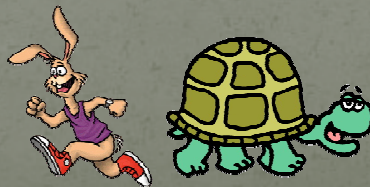
1 Corinthians 7:3

The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife.

1 Corinthians 7:4

Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.

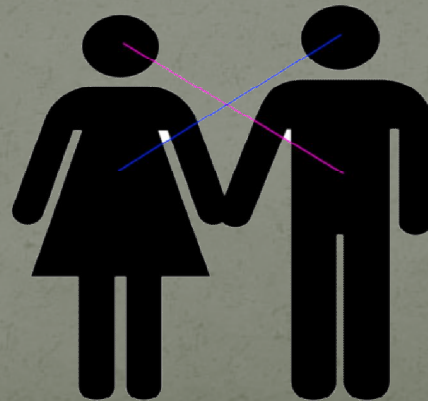
1 Corinthians 7:5



SEX: Our Pleasure

"Wives, submit to your own husbands as to the Lord, for the husband is head of the wife, as also Christ is head of the church; and He is the Savior of the body. Therefore just as the church is subject to Christ, so let the wives be to their own husbands in everything. Husbands, love your wives, just as Christ also loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word, that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish. So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as the Lord does the church. For we are members of his body, of His flesh and of His bones. For this reason a man shall leave his father and mother and be joined to his wife and the two shall become one flesh. This is a great mystery, but I speak concerning Christ and the church"

Ephesians 5:22-32



MIND + BODY = MIND + BODY

Submission
Sacrificial Love
Symbol of Christ

